

# Quantum Gravity and Cosmology 2024

ShanghaiTech University, Shanghai, China, July 1-5, 2024



## Superradiant Instabilities of Bosons around ECOs

Kavli Institute for Astronomy and Astrophysics

**Speaker: Lijing Shao (邵立晶)**

ShanghaiTech University (2024)

# Disclaimer

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- In this talk, I will only talk about modifications to GR at the **classical** level
- **However**, I view modified gravity at classical and quantum levels goes hand by hand, **not just at an EFT sense** ⇐ **I could certainly be wrong at this point**



# Collaborators

- **Richard Brito** (CENTRA, Instituto Superior Técnico, Lisbon Portugal)
- **Zhan-Feng Mai** (Postdoc at PKU → Guangxi University)
- **Lihang Zhou** (Undergraduate Student at PKU → Caltech)



# Outline

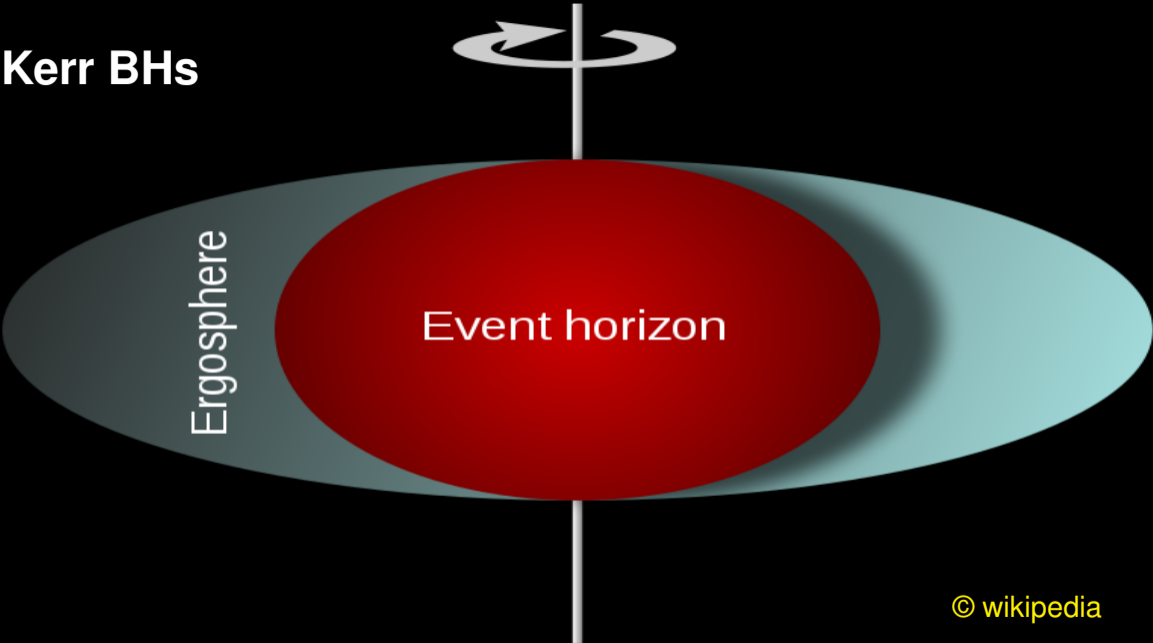
- Penrose process and BH superradiance
- Gravitational atoms
- Exotic compact objects (ECOs): alternatives to BHs
- Gravitational atoms with modified BH horizon

**Based on:** Phys. Rev. D 108 (2023) 103025 [[arXiv:2308.03091](https://arxiv.org/abs/2308.03091)]

# **1. Penrose Process and BH Superradiance**



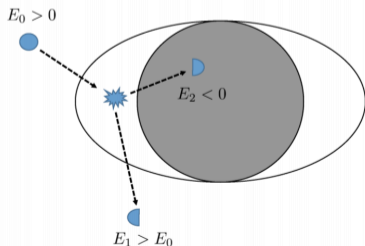
# Kerr BHs



# Penrose Process

- A particle of rest mass  $\mu_0$  at rest at infinity, decaying into two identical particles

$$\mathcal{E}^{(1)} + \mathcal{E}^{(2)} = \mathcal{E}^{(0)} = \mu_0, \quad \mathcal{L}^{(1)} + \mathcal{L}^{(2)} = \mathcal{L}^{(0)}$$



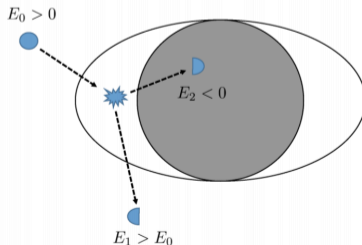
Brito et al. 2020 [arXiv:1501.06570]

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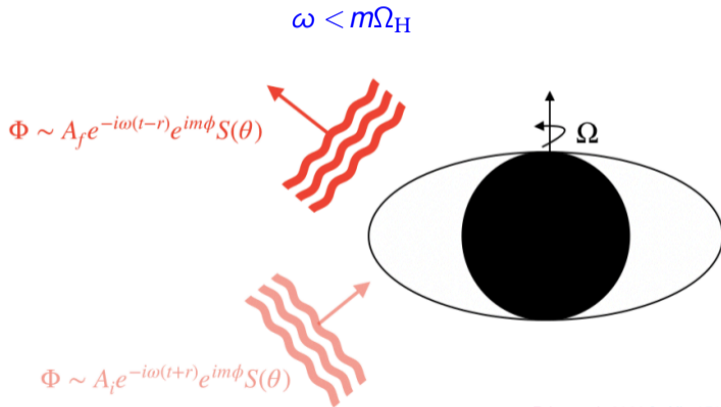
- If the decay takes place in the ergoregion, one of the particles could have a **negative energy**, in the view of an observer at infinity



Brito et al. 2020 [arXiv:1501.06570]

# Penrose Process: from particles to waves

- **BH superradiance**: the scattered wave gets amplified,  $|A_f| > |A_i|$ , when

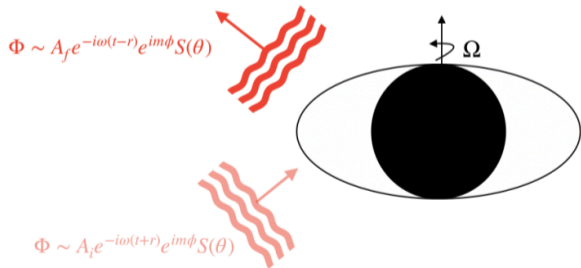


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# BH Superradiance

$$\omega < m\Omega_H \Rightarrow |A_f| > |A_i|$$

- Multiple ways to derive the SR condition

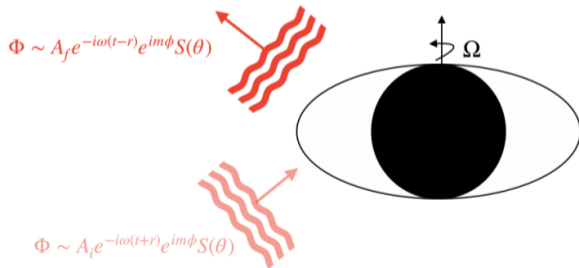


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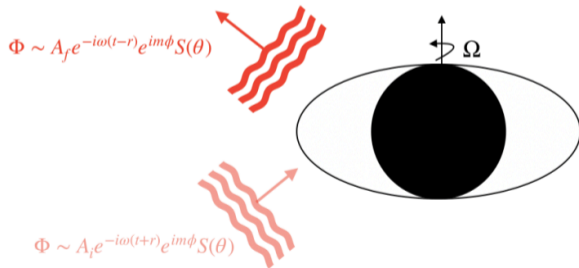


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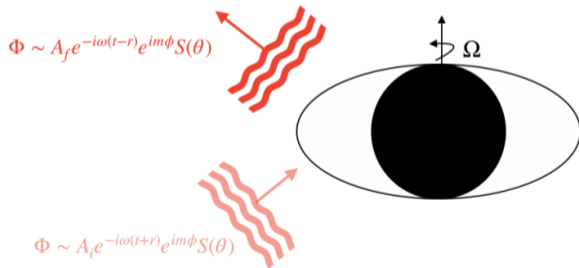


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  - 3 Using the [BH area theorem](#)



Brito et al. 2020 [arXiv:1501.06570]



# BH Superradiance: BH area theorem

- The area of BH

$$A = 4\pi (r_+^2 + a^2)$$

with

$$r_+ = M + \sqrt{M^2 - a^2 - Q^2}, \quad \mathbf{a} = \mathbf{L}/M$$

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- Perform differentiation, we get **the first law of BH thermodynamics**

$$dA = \frac{4A}{r_+ - r_-} (dM - \Omega_H \cdot d\mathbf{L} - \Phi dQ)$$

with

$$\Omega_H = \frac{\mathbf{a}}{r_+^2 + a^2}, \quad \Phi = \frac{Qr_+}{r_+^2 + a^2}$$

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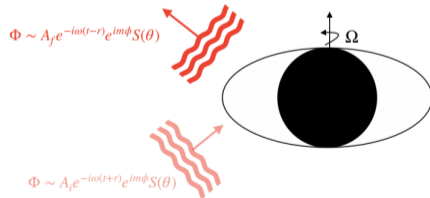
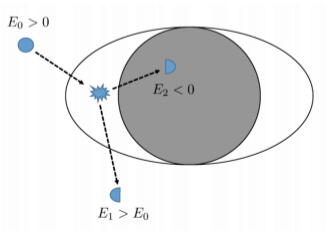
$$\delta L/\delta M = m/\omega, \quad \delta A = \frac{4A}{r_+ - r_-} \frac{\omega - m\Omega_H}{\omega} \delta M$$

- The **BH area theorem** requires  $\delta A \geq 0$ , which gives

$$\omega < m\Omega_H \Rightarrow \delta M \leq 0$$

# Penrose Process & BH Superradiance: subtleties

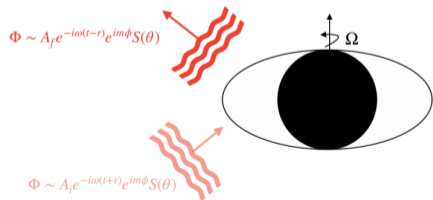
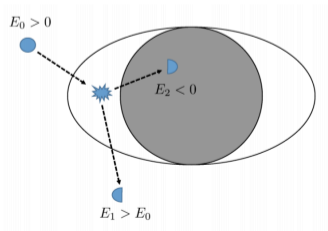
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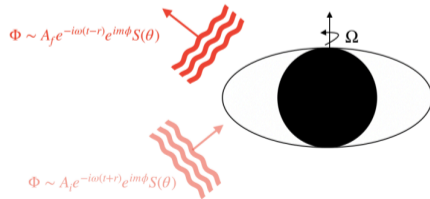
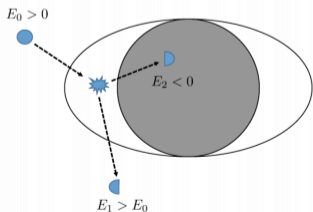


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- **Penrose process** only requires the existence of an *ergoregion*, whereas the **BH superradiance** also requires some forms of *dissipation* (e.g., an event horizon)
- They are all related to the negative energy states in the ergoregion

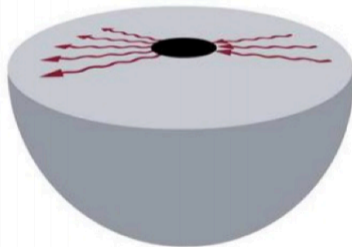
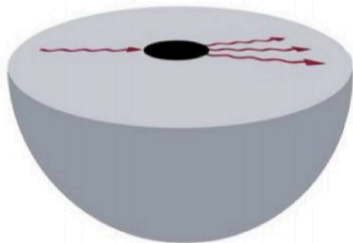


Brito et al. 2020 [arXiv:1501.06570]

## **2. Gravitational Atoms**

# Black-hole Bomb

- **Superradiance + Confinement**  $\Rightarrow$  **Superradiant Instability**: reflected waves being amplified over and over again

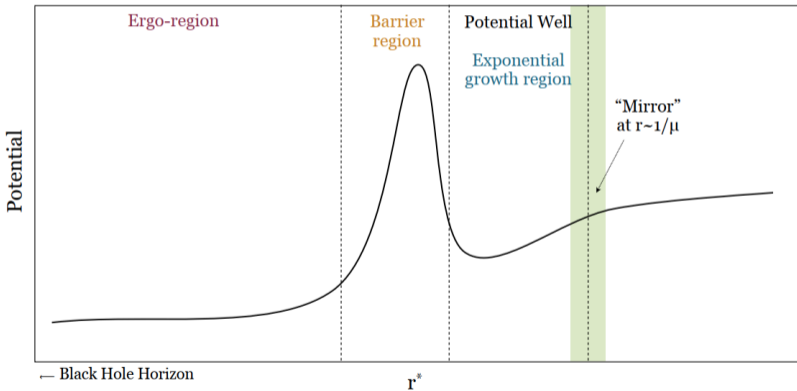


Press & Teukolsky 1972, Nature 238:211

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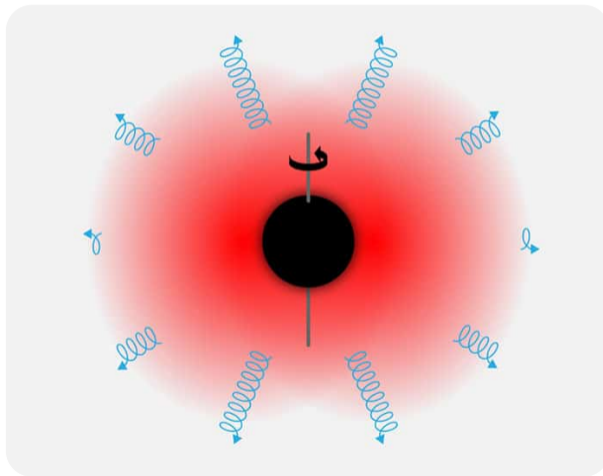
# Gravitational Atoms

- A natural **mirror**: mass  $\mu$  of fields  $\Rightarrow$  exponentially growing **gravitational atoms**



Arvanitaki & Dubovsky 2011 [arXiv:1004.3558]

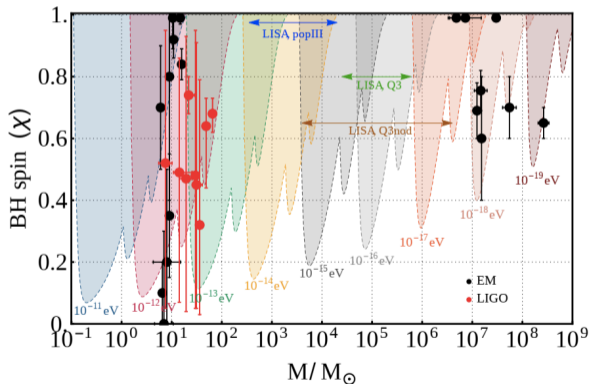
# Gravitational Atoms



Arvanitaki & Dubovsky 2011 [[arXiv:1004.3558](https://arxiv.org/abs/1004.3558)]

# Gravitational Atoms: consequences

- **Constraints on the mass of fundamental ultralight bosons:** measurements of  $(a, M)$  of astrophysical BHs  $\Rightarrow$  constraints on  $\mu$



Cardoso et al. 2008 [arXiv:0709.0532]

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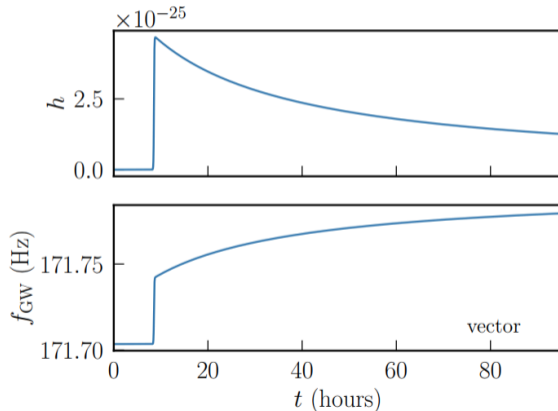
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### Example:

$$M = 62 M_{\odot}$$

$$a = 0.67$$

$$\mu = 3.6 \times 10^{-13} \text{ eV}$$



Siemonsen et al. 2023 [arXiv:2211.03845]

# **3. Exotic Compact Objects**

**as alternatives to BHs**

# Black Holes

- Dark, massive, and compact objects are known to exist in our universe (e.g. M87\*)



Akiyama et al. 2019 [arXiv:1906.11238]

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- 2 Satisfy remarkable uniqueness properties: **no-hair theorem** &  $(M, a, Q, \dots)$
- 3 Astrophysical formation process is well understood
- 4 There are phenomena that can only be explained via **massive compact objects**



Akiyama et al. 2019 [arXiv:1906.11238]



# Alternatives to BHs

- **BHs** are so fundamental and important for gravity theories, and they should be carefully questioned and tested!



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  - 1 **Pathological interior spacetime**: singularities and closed timelike curves
  - 2 **Information paradox**: a tremendously large entropy
  - 3 By considering and excluding alternatives, one gets **a stronger paradigm**  
← in the same spirit of testing GR



Akiyama et al. 2019 [arXiv:1906.11238]

# Exotic Compact Objects

A simply modified horizon

$$r_0 = r_H(1 + \epsilon)$$



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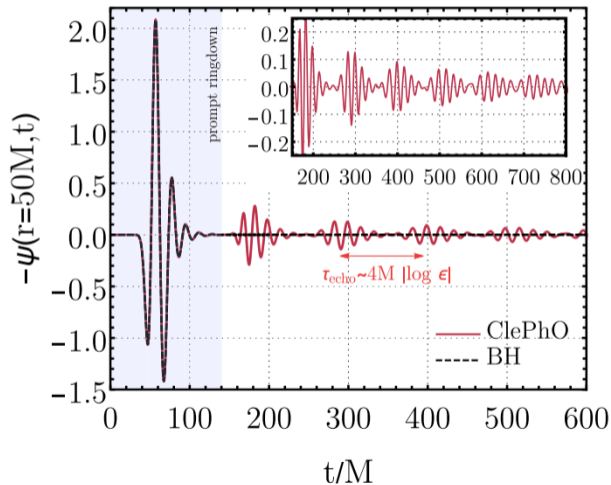
- **Buchdahl's theorem** (isotropic, perfect fluid, static, classical GR...):  $\epsilon > 1/8$
- Studies on massless perturbations
  - long-lived modes
  - “echo” signals
  - ergoregion instability



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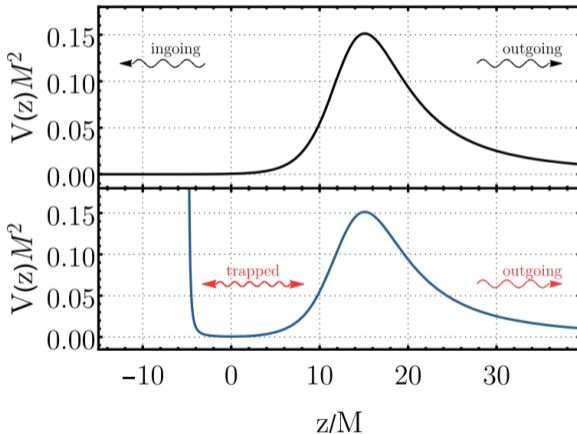
# ECOs: gravitational-wave echoes



$$\epsilon = 10^{-11}$$

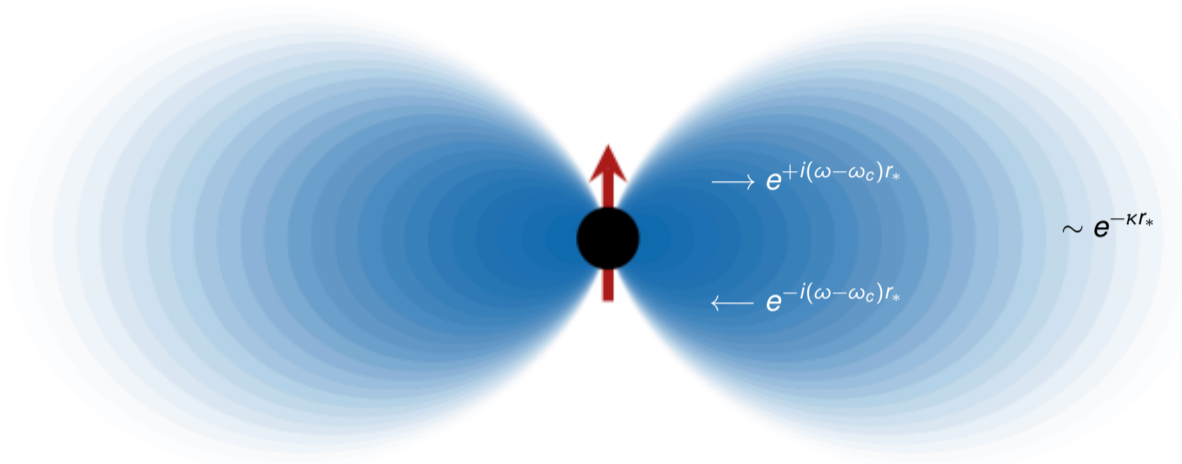
# ECOs: massive fields

- What about massive perturbations?



Cardoso & Pani 2019 [arXiv:1904.05363]; see also, Guo et al. 2022 [arXiv:2109.03376]

## **4. Grav. Atoms with Modified BH Horizon**



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# The Eigenvalue Problem

- Consider a massive scalar field in a Kerr spacetime

$$\left(\nabla_\nu \nabla^\nu - \mu^2\right) \Psi = 0$$

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- Using the Ansatz  $\Psi(t, r, \theta, \varphi) = e^{-i\omega t} e^{im\varphi} S(\theta)R(r)$  the **angular part** reads

$$\frac{1}{\sin \theta} \frac{d}{d\theta} \left( \sin \theta \frac{dS_{\ell m}}{d\theta} \right) + \left[ a^2 \left( \omega^2 - \mu^2 \right) \cos^2 \theta - \frac{m^2}{\sin^2 \theta} + \Lambda_{\ell m} \right] S_{\ell m}(\theta) = 0$$

where  $S_{\ell m}(\theta)$  is the spin-weighted spheroidal harmonics

# The Eigenvalue Problem

- The **radial part** reads

$$\frac{d}{dr} \left( \Delta \frac{dR_{\ell m}}{dr} \right) + \left[ \frac{\omega^2 (r^2 + a^2)^2 - 4Mam\omega r + m^2 a^2}{\Delta} - (\omega^2 a^2 + \mu^2 r^2 + \Lambda_{\ell m}) \right] R_{\ell m}(r) = 0$$

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- Therefore, a massive boson field in the Kerr spacetime has eigenvalue  $\{\Lambda_{\ell m}, \omega\}$ , where

$$\Lambda_{\ell m} \approx \ell(\ell + 1) + \mathcal{O} \left[ a^2 (\mu^2 - \omega^2) \right]$$

$$\omega = \omega_R + i\Gamma$$



# The Radial Equation: I. analytic method

- **Far region** where  $r \gg M$

$$\frac{d^2[rR(r)]}{dr^2} + \left[ (\omega^2 - \mu^2) + \frac{2M\mu^2}{r} - \frac{\ell(\ell+1)}{r^2} \right] [rR(r)] = 0$$

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- **Near region** where  $r \sim r_+$

$$z(z+1) \frac{d}{dz} \left[ z(z+1) \frac{dR}{dz} \right] + \left[ P^2 - \ell(\ell+1)z(z+1) \right] R = 0$$

where we have defined

$$z = \frac{r - r_+}{r_+ - r_-}$$

# The Radial Equation: I. analytic method

## ■ Boundary conditions

$$\begin{aligned} R &\rightarrow 0, & r &\rightarrow \infty \\ R &\propto e^{-i(\omega-\omega_c)\Delta r_*} + \mathcal{K}e^{+i(\omega-\omega_c)\Delta r_*}, & \Delta r_* &\rightarrow 0 \end{aligned}$$

where

$$\Delta r_* \equiv r_* - r_*(r_0)$$

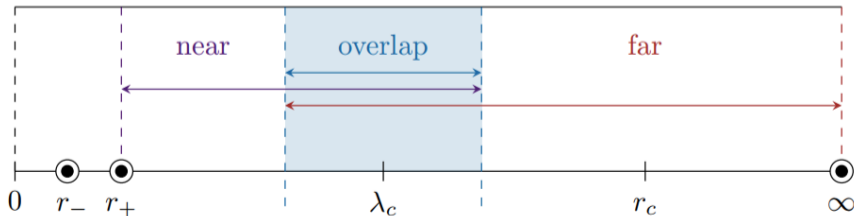
and  $|\mathcal{K}|$  denotes the proportion of the incident wave reflected at  $r_0$

# The Radial Equation: I. analytic method

- In our analytic method, **near** and **far** solutions are matched in the **overlap region**, to their leading order terms of  $r^\ell$  and  $r^{-\ell-1}$

$$R_{\text{near}} \sim \alpha_1 r^\ell + \beta_1 r^{-\ell-1} + \dots$$

$$R_{\text{far}} \sim \alpha_2 r^\ell + \beta_2 r^{-\ell-1} + \dots$$



Baumann et al. 2019 [arXiv:1908.10370]; Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

# The Radial Equation: I. analytic method

- Our key result from the analytic method

$$\frac{M\omega_l}{g(\mathcal{K})} = \alpha^{4\ell+5} \left( \frac{ma}{2M} - \omega_{RR_+} \right) \left( 1 - \frac{a^2}{M^2} \right)^\ell \frac{2^{4\ell+2} (2\ell + n + 1)!}{(\ell + n + 1)^{2\ell+4} n!} \left[ \frac{\ell!}{(2\ell + 1)! (2\ell)!} \right]^2 \prod_{j=1}^{\ell} (j^2 + 4P^2)$$

where the right-hand side is the **known result** for Kerr BH spacetime (Detweiler 1980), and

$$g(\mathcal{K}) = \frac{1 - |\mathcal{K}|^2}{1 + |\mathcal{K}|^2 + 2\text{Re}(A^2 z_0^{2iP} \mathcal{K}) / |A|^2}$$

Here,  $P$  and  $A$  depend on  $a$  and  $\mu$

# The Radial Equation: I. analytic method

$$g(\mathcal{K}) = \frac{1 - |\mathcal{K}|^2}{1 + |\mathcal{K}|^2 + 2\text{Re}(A^2 z_0^{2iP} \mathcal{K}) / |A|^2}$$

- Range of denominator:  $[(1 - |\mathcal{K}|)^2, (1 + |\mathcal{K}|)^2]$

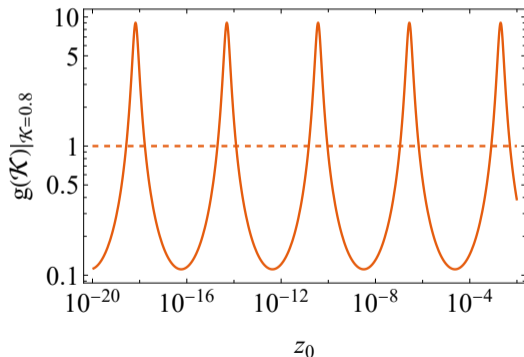
$$|\mathcal{K}| = 0 \quad \Rightarrow \quad g(\mathcal{K}) = 1 \quad (\text{Kerr BHs})$$

$$0 < |\mathcal{K}| < 1 \quad \Rightarrow \quad \frac{1 - |\mathcal{K}|}{1 + |\mathcal{K}|} \leq g(\mathcal{K}) \leq \frac{1 + |\mathcal{K}|}{1 - |\mathcal{K}|}$$

$$|\mathcal{K}| = 1 \quad \Rightarrow \quad g(\mathcal{K}) = 0 \quad (\text{effectively})$$

# The Radial Equation: I. analytic method

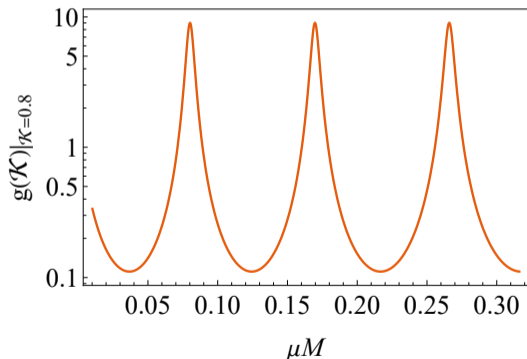
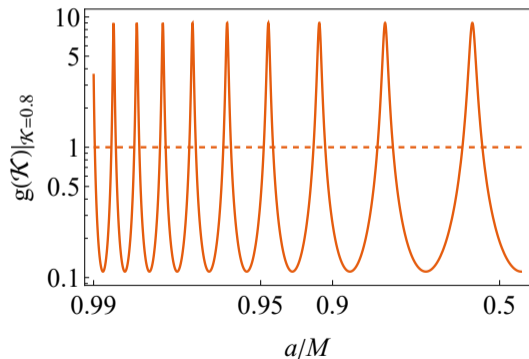
$$g(\kappa) = \frac{1 - |\kappa|^2}{1 + |\kappa|^2 + 2\text{Re}(A^2 z_0^{2iP} \kappa) / |A|^2}$$



Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

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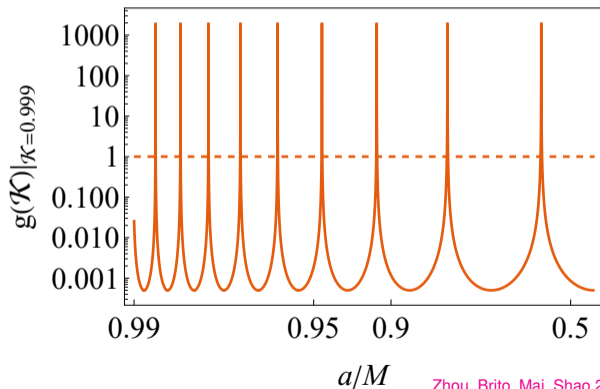


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# The Radial Equation: I. analytic method

$$g(\kappa) = \frac{1 - |\kappa|^2}{1 + |\kappa|^2 + 2\text{Re}(A^2 z_0^{2iP} \kappa) / |A|^2}$$



when  $|\kappa| \sim 1$

Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

# The Radial Equation: II. semi-analytic method

- We can match not only the leading terms  $r^\ell$  and  $r^{-\ell-1}$  of the near and far solutions, but also their full expressions, using special functions

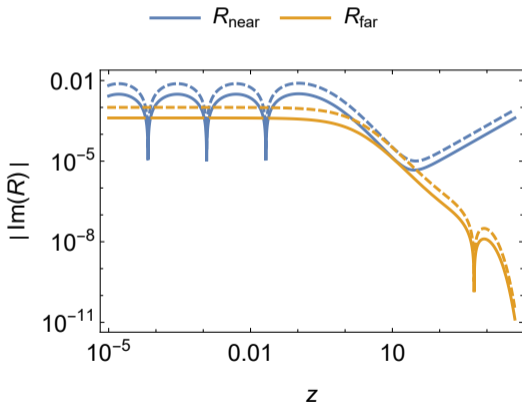
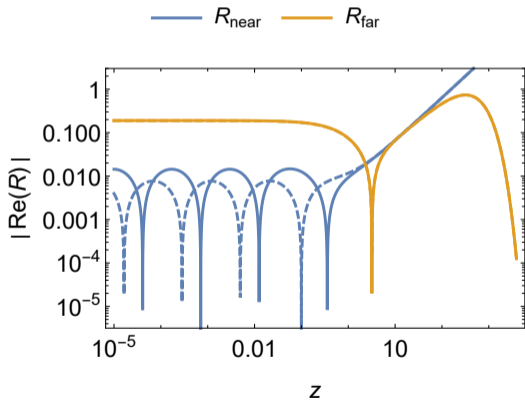
$$W(r) \equiv \frac{dR_{\text{near}}}{dr} R_{\text{far}} - R_{\text{near}} \frac{dR_{\text{far}}}{dr}$$

- We choose  $r_{\text{match}}$  with the idea of “equal errors” Arvanitaki & Dubovsky 2011 [arXiv:1004.3558]

$$W(r_{\text{match}}) = 0$$

# The Radial Equation: II. semi-analytic method

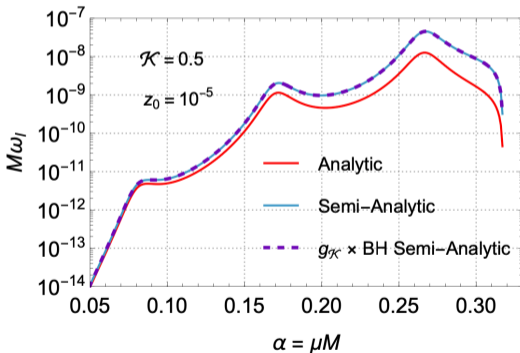
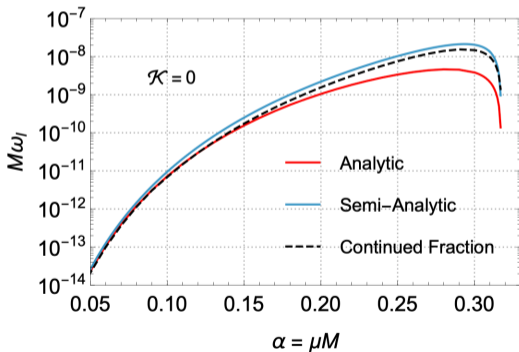
- Solid lines  $\mathcal{K} = 0.8$  versus Dashed lines  $\mathcal{K} = 0$  (BH)



Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

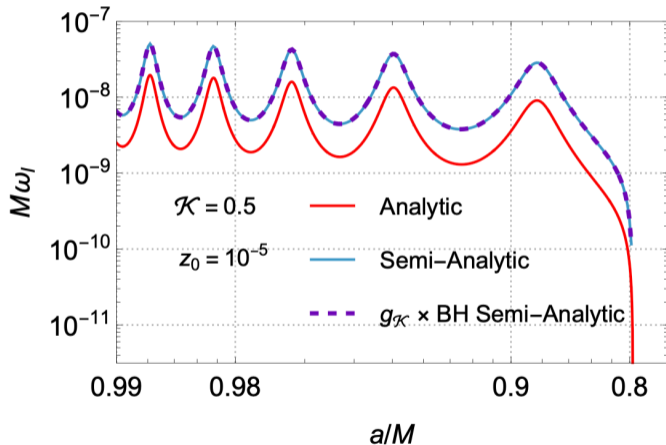
# The Radial Equation: III. comparison of methods

- **Analytic method:** explicit expression & physical meaning
- **Semi-analytic method:** better accuracy



Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

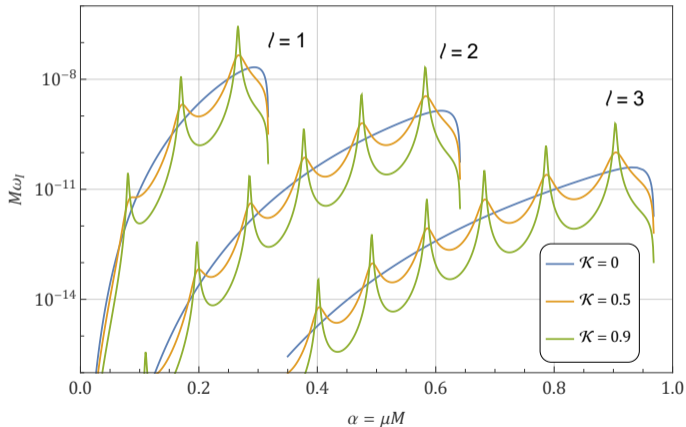
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Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

# Growth Rate

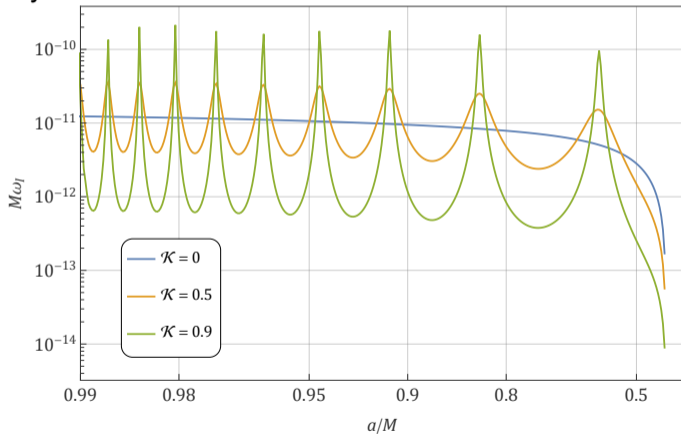
## ■ Semi-analytic method



Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

# Growth Rate

## ■ Semi-analytic method



Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

# Physical Interpretation of $g(\mathcal{K})$

- Energy-momentum tensor is  $T^{\mu\nu} = \partial^{(\mu}\Psi\partial^{\nu)}\Psi^* - \frac{1}{2}g^{\mu\nu}(\partial^\rho\Psi\partial_\rho\Psi^* + \mu^2\Psi^*\Psi)$



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- Using Gauss's theorem

$$\frac{\partial}{\partial \tilde{t}} \int_{3D} T_0^0 \rho^2 \sin \theta dr d\theta d\tilde{\varphi} = \int_{2D} T_0^1 \rho^2 \sin \theta d\theta d\tilde{\varphi}$$

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- Using the above **energy balance** at the boundary  $r = r_0$  with the radial function  $R_{\ell m}(r) = C_{\ell m} \left[ (z/z_0)^{iP} + \mathcal{K} (z/z_0)^{-iP} \right]$  we get

$$2\omega_I = \frac{\omega_R (2Mr_+ \omega_R - ma)}{\int_{3D} T_0^0|_{\tilde{t}=0} \rho^2 \sin\theta dr d\theta d\tilde{\varphi}} |C_{\ell m}|^2 (1 - |\mathcal{K}|^2)$$

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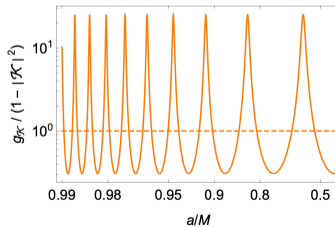
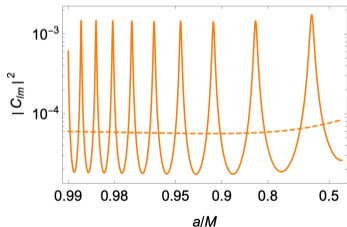
- Blue factor  $|C_{\ell m}|^2$  gives the “relative amplitude” of the wave function at  $r_0$
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Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

# Influence of Reflection on Cloud's Evolution

- Cloud growth is bumpy

$$\frac{1 - |\mathcal{K}|}{1 + |\mathcal{K}|} \omega_I^{\text{BH}} < \omega_I^{\text{ECO}} < \frac{1 + |\mathcal{K}|}{1 - |\mathcal{K}|} \omega_I^{\text{BH}}$$

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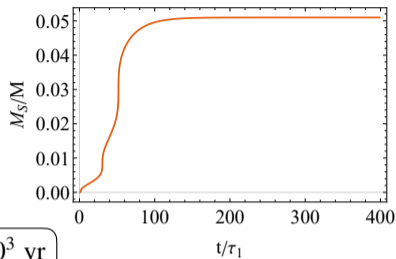
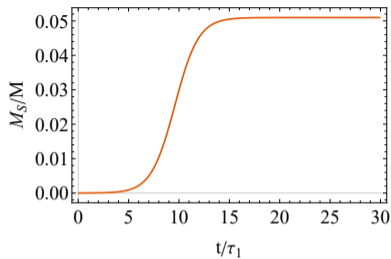
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- The maximal mass does not change, but the timescale is changed
- Even with a boundary reflection, the GW dissipation is always marginal before the saturation of superradiance

$\mathcal{K} = 0$

$\mathcal{K} = 0.9, \quad z_0 = 10^{-5}$

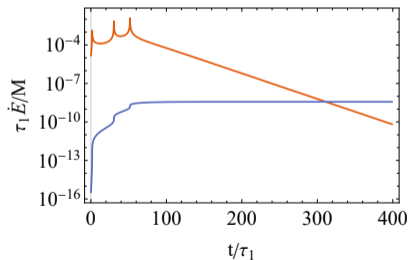
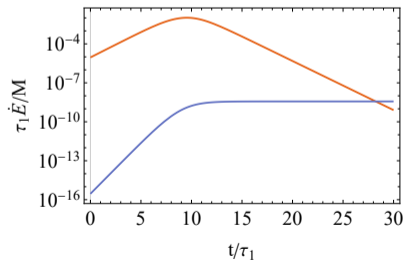


$\mu = 10^{-15} \text{ eV}$

$a/M = 0.9$

$M = 10^4 M_\odot$

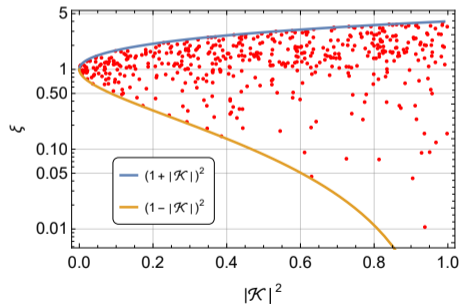
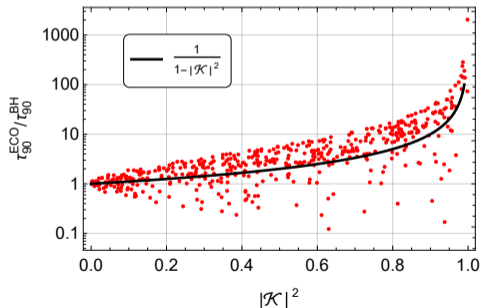
$\tau_1 = 10^3 \text{ yr}$



Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

# Influence of Reflection on Cloud's Evolution

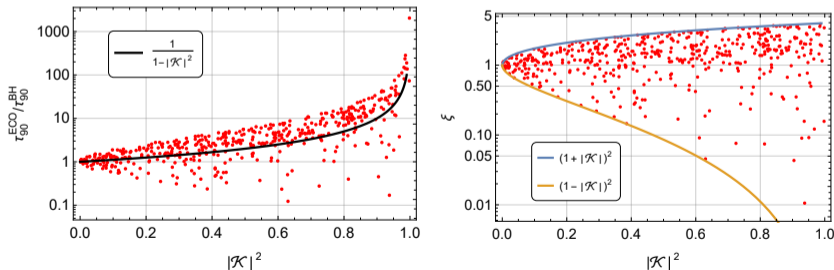
$$\omega_l^{\text{ECO}} = \omega_l^{\text{BH}} \frac{1 - |\mathcal{K}|^2}{1 + |\mathcal{K}|^2 + 2\text{Re}(A^2 z_0^{2iP} \mathcal{K}) / |\mathcal{K}|^2} \Rightarrow \frac{\tau_{90}^{\text{ECO}}}{\tau_{90}^{\text{BH}}} = \xi \frac{1}{1 - |\mathcal{K}|^2}$$



Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

# Influence of Reflection on Cloud's Evolution

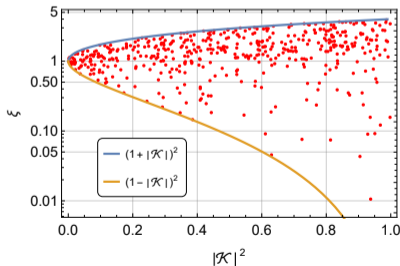
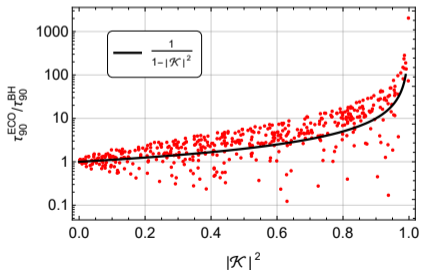
- In most cases, the growth timescale is prolonged by a boundary reflection



Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

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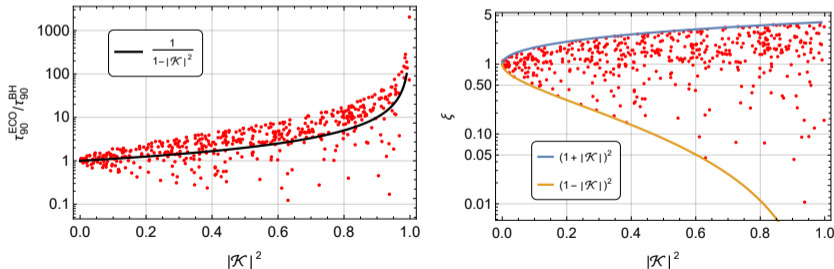
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Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

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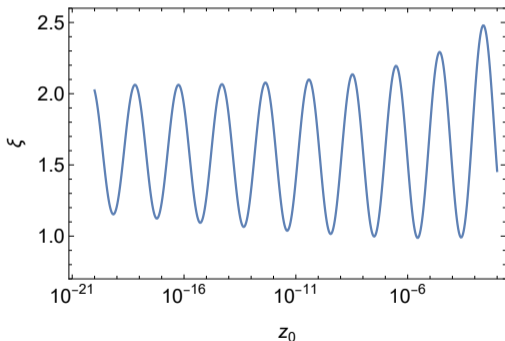
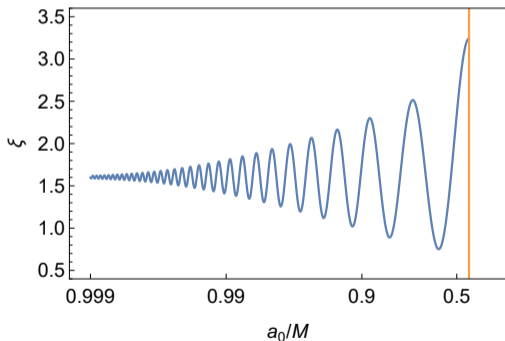
- In most cases, the growth timescale is prolonged by a boundary reflection
- For  $|\mathcal{K}|^2 < 0.6$ , the change is within an order of magnitude
- Most samples have  $0.1 < \xi < 1$  including samples with large  $|\mathcal{K}|$ , indicating that  $\tau_{90}^{\text{BH}} / (1 - |\mathcal{K}|^2)$  is a good estimation for the timescale of ECOs



Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

# Influence of Reflection on Cloud's Evolution

- Outliers:  $\xi$  could be far away from 1 only when  $a_0$  is near the criticality of superradiance

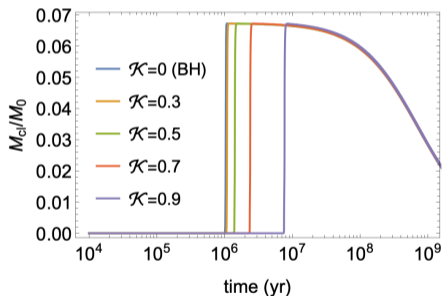
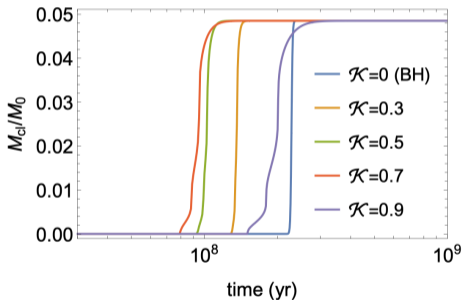


Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

# Influence of Reflection on Cloud's Evolution

$$\mu = 1 \times 10^{-18} \text{ eV}$$

$$\mu = 2 \times 10^{-18} \text{ eV}$$

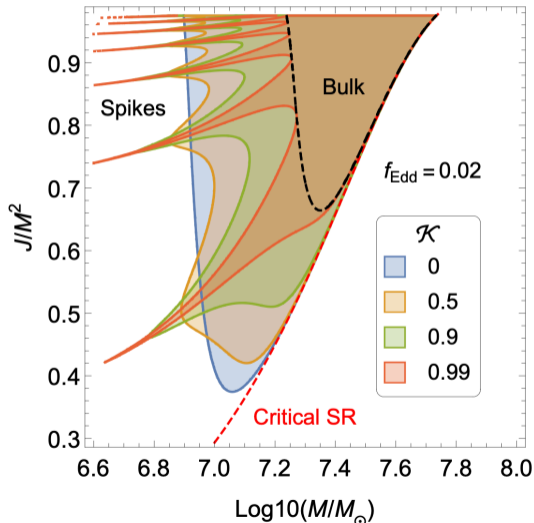


Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]



# Exclusion Regions

- For a  $10^6 M_\odot$  ECO, it takes about 205 e-folds to grow a  $0.1 M_\odot$  cloud, when  $\mu \sim 10^{-18}$  eV

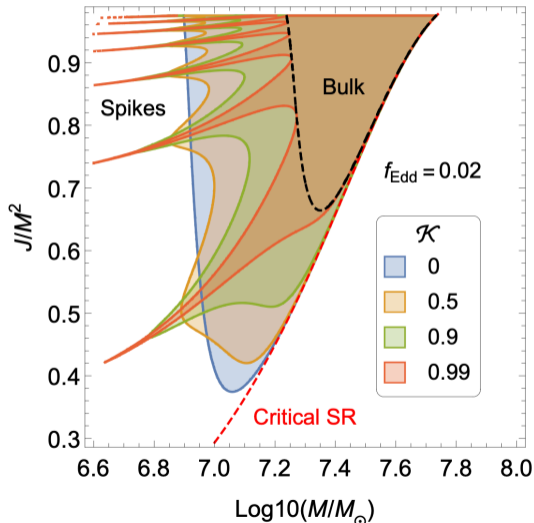


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- We define **fast-superradiance regime**

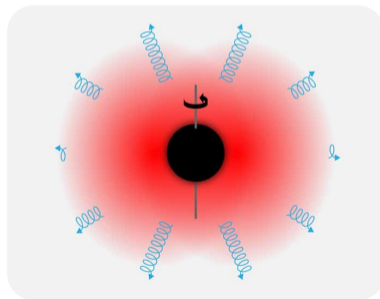
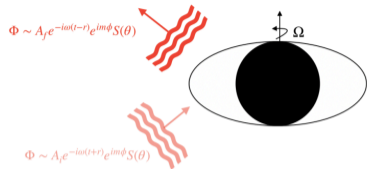
$$205 \ln \left( \frac{M}{10^6 M_\odot} \frac{10^{-18} \text{ eV}}{\mu} \right) \tau_{\text{SR}} < \tau_{\text{Acc}}$$



Zhou, Brito, Mai, Shao 2023 [arXiv:2308.03091]

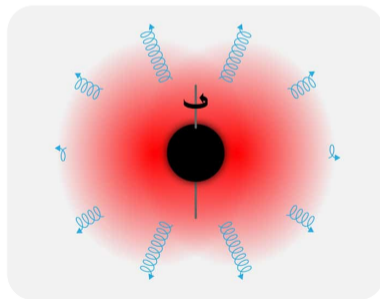
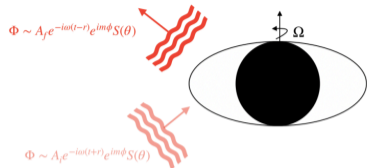
# Summary

- In the background of ECOs, which has **a reflective boundary** as alternatives to the event horizon, we calculated the **growth rate** of **gravitational atoms**



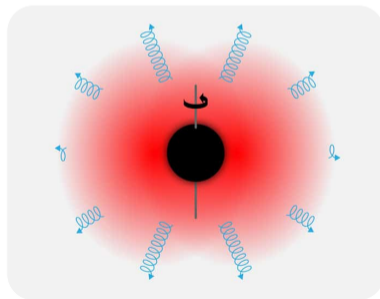
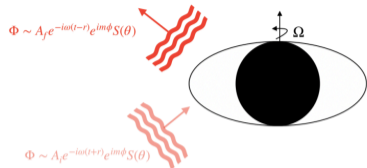
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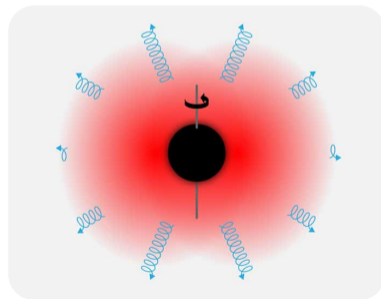
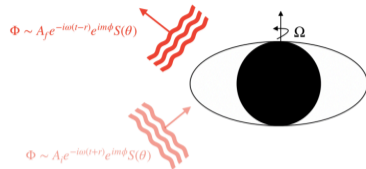
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- When  $\alpha \ll 1$  holds,  $\omega_l^{\text{ECO}}$  can be connected to its BH counterpart with a factor  $g(\mathcal{K})$
- For **larger**  $\alpha$ , although the analytic method doesn't hold, the feature of  $g(\mathcal{K})$  is maintained in the growth rate calculated with the **semi-analytic method**



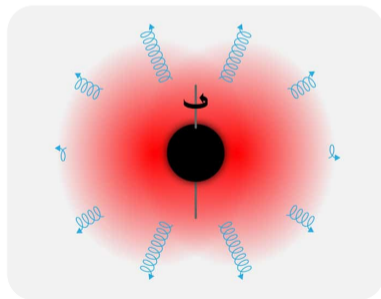
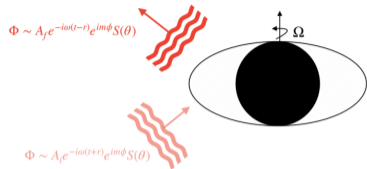
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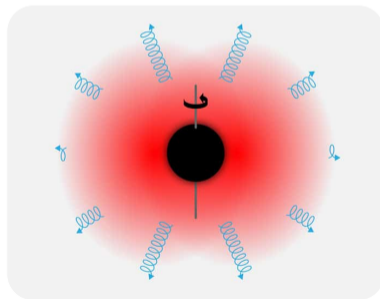
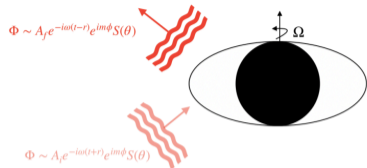
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- The physical interpretation of  $g(\mathcal{K})$  is made by considering **energy balance** at the boundary
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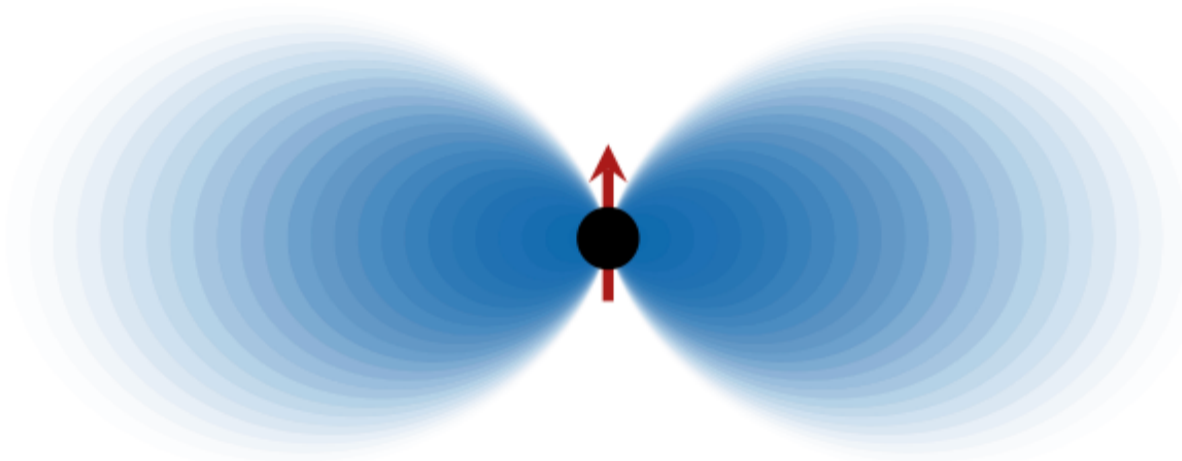


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- The physical interpretation of  $g(\mathcal{K})$  is made by considering **energy balance** at the boundary
- The main influence of the boundary reflection is the **prolonged growth timescale**
- The timescale on average scales as  $1/(1 - |\mathcal{K}|^2)$  and the correction is always within an order of magnitude as long as  $|\mathcal{K}| < 0.8$







**Thank you very much for your attention!**